

**Amendments to the Claims:**

Please amend the claims as follows:

1. (Currently Amended) A panel having intrinsic columnar support and intrinsic means for facilitating placement of the panel for tilt-up wall construction of a high strength structure, comprising:

a concrete construction panel, including means for securing the panel to a single element footer located at the bottom of the panel;

a plurality of intrinsic columnar supports in each panel, comprising means for reinforcing the supports centrally located within the supports, wherein

said means for reinforcing the supports terminate in one or more straight-ended generally vertical rod members for placement in complementary voids in the footer,

said rod member is adapted for welding attachment to the footer, and

said footer allowing voids that correspond to [[the]] one or more ends coming out of [[the]] a bottom walls portion of one or more wall panels to be pre-drilled into the footer; and

means for facilitating the placement of the panels in cooperative connection with the means for reinforcing the supports, wherein the means for reinforcement comprises a plurality of vertical reinforcement bars,

wherein the means for securing the panel comprises a horizontal structural weld plate on an inside face of the bottom portion of the panel, and

an extension of at least a portion of the vertical reinforcement bar below the bottom of the panel, whereby welding of the weld plate to the footer provides structural reinforcement of the panel.

2. (Cancelled)
3. (Cancelled)
4. (Previously Presented) The panel of claim 1, wherein the extension of the vertical reinforcement bar comprises approximately six inches of a number 8 reinforcement bar.
5. (Previously Presented) The panel of claim 1, wherein the panel further comprises one or more weld plates located generally at the top of the intrinsic columnar supports.
6. (Cancelled)
7. (Previously Presented) The panel of claim 4, wherein the means for facilitating is located approximately two-thirds up the height of the panel.
8. (Previously Presented) The panel of claim 7, wherein the means for facilitating is at least one receptor for a lifting eyelet, whereby the panel is positioned by a means for lifting the panel using the extension of the reinforcement bar and at least one lifting eyelet located within the receptor as lifting points.
9. (Cancelled)
10. (Cancelled)
11. (Cancelled)
12. (Cancelled)
13. (Cancelled)
14. (Cancelled)
15. (Currently Amended) A method for building a tilt-up wall structure, comprising the steps of:  
  
forming a first panel and a second panel, each panel comprising:

at least one chamfered side; and

a plurality of straight reinforcement bar extensions at intervals on the bottom of each panel;

providing at least one monolithic footer;

filling [[the]] one or more holes in the footer with grout; and

placing each panel on the footer so that the extensions are located within the holes, said footer allowing voids that correspond to the extensions coming out of the bottom of the walls panels to be pre-drilled into the footer;

further comprising the step of:

placing at least one pin on a side of the first panel;

placing the second panel adjacent to the pin; and

filling space formed between the first panel and the second panel above the pin with an appropriate material.

16. (Previously Presented) The method of claim 15, wherein the first panel and the second panel each further comprise metal plates located at least approximately halfway up the chamfered side, further comprising the step of welding the plates together before the step of filling the space.

17. (Previously Presented) The method of claim 16, further comprising the step of caulking the space between the first panel and the second panel after the step of welding the plates.

18. (Previously Presented) The method of claim 15, wherein the pin comprises a material of high compressive strength.

19. (Previously Presented) The method of claim 15, wherein the appropriate material comprises at least one of the following group: epoxy, caulk and grout.

20. (Cancelled)

21. (Cancelled)

22. (Cancelled)

23. (Cancelled)

24. (Currently Amended) A method for building a tilt-up wall structure, comprising the steps of:

forming a first panel and a second panel, each panel comprising:

at least one chamfered side; and

a plurality of reinforcement bar extensions at intervals on the bottom of each

panel;

providing at least one footer with a plurality of holes complementary to the extensions;

filling the holes with grout;

placing each panel on the footer so that the extensions are located within the holes;

placing at least one insert or pin on a side of the first panel;

placing the second panel adjacent to the insert; and

filling space formed between the first panel and the second panel above the insert with an appropriate material.

25. (Previously Presented) The method of claim 24, wherein the first panel and the second panel each further comprise metal plates located at least approximately halfway up the

chamfered side, further comprising the step of welding the plates together before the step of filling the space.

26. (Previously Presented) The method of claim 25, further comprising the step of caulking the space between the first panel and the second panel after the step of welding the plates.

27. (Currently Amended) The method of claim 24, wherein the insert or pin comprises a material of high compressive strength.

28. (Previously Presented) The method of claim 24, wherein the appropriate material comprises at least one of the following group: epoxy, caulk and grout.

29. (Previously Presented) A method for building a tilt-up wall structure, comprising the steps of:

forming a first panel and a second panel, each panel comprising:

at least one chamfered side; and

a plurality of straight reinforcement bar extensions at intervals on the bottom of each panel;

providing at least one monolithic footer with holes complementary to the extensions;

filling the holes with grout; and

placing each panel on the footer so that the extensions are located within the holes, further comprising the step of:

placing at least one pin on a side of the first panel;

placing the second panel adjacent to the pin; and

filling space formed between the first panel and the second panel above the pin with an appropriate material.

30. (Previously Presented) The method of claim 29, wherein the first panel and the second panel each further comprise metal plates located at least approximately halfway up the chamfered side, further comprising the step of welding the plates together before the step of filling the space.

31. (Previously Presented) The method of claim 30, further comprising the step of caulking the space between the first panel and the second panel after the step of welding the plates.

32. (Previously Presented) The method of claim 29, wherein the pin comprises a material of high compressive strength.

33. (Previously Presented) The method of claim 29, wherein the appropriate material comprises at least one of the following group: epoxy, caulk and grout.